

FOOD IN ISLAM

NAME: _____

DATE: _____

SLAUGHTERING AND HUNTING ANIMALS

There's a difference between WHERE the animal lives.

Domesticated This means that the animal has been trained to be able to live among humans (for example: animals on a farm)

Wild This means that the animal is NOT able to live among humans and lives in the wild (for example: a deer living in the woods)

Meat is HALAL when:

- It's an animal whose is halal and their meat is slaughtered in a halal manner. It doesn't matter if it's Domesticated or Wild (example: Cow, Sheep)
- It's a wild animal whose meat is halal and they were hunted in a halal manner
 - o You are NOT allowed to hunt domesticated animals
- A wild animal whose meat is halal and is capable of running or flying (for example: the meat of a baby deer who still cannot run is NOT halal)

Meat is HARAM when:

- If an animal is still-born from the body of a living animal, then their meat is haram
- It's the dead body of an animal who's meat is haram to eat. It does not become halal by slaughtering (for example: a snake)
- It is an animal who is a predator (example: elephant, bear, monkey)
- The meat of dogs and pigs is ALWAYS haram

Rules for Slaughtering Animals

FOUR key veins must be fully cut in one strike:

- Jugular Artery
- Food pipe

- Jugular Vein
- Wind pipe

The person CANNOT cut some of the veins then cut the rest after the animal has died. All four must be cut at once.

- The person slaughtering the animal MUST be a Muslim
- The animal should be slaughtered with a weapon made of iron (example: a knife)
- The animal should be facing Qiblah
- When slaughtering the animal, the person MUST say the name of All-h (for example: say Bismill-h). If the person forgot to say "All-h" unintentionally, then it is ok.
- The animal should show some movement after being slaughtered (move its eyes or tail; hit its foot against the ground)
- You are NOT allowed to separate the head from the animal's body before it has died. But if it happens as an accident, then it is ok

RULES FOR SEAFOOD

We are allowed to eat seafood if it meets these two conditions:

1. The fish must have scales
2. The fish should be alive when it came out of the water (i.e. wasn't already dead while in the water)

Based on the universal method of fishing (that fishermen follow), it ensures that fish are alive when they come out of the water.

The fisherman does NOT need to be Muslim.

We are allowed to eat SHRIMP if they are brought out of the water while alive.

We are NOT allowed to eat:

- Every Amphibious Animal (example: Frogs, Toads, Salamanders)
- Lobsters
- Turtles
- Snails
- Crayfish

EATING MANNERS

There are certain Sunnah rules that are recommended to be followed. Some of these are listed below.

You should,

- wash both hands before starting your meal
- wash both hands after finishing your meal
- say Bismillah before beginning your meal (it is Sunnah to say Bismillah before starting each type of food)
- eat with your right hand
- eat using three fingers or more
- eat small bits of food (don't stuff your mouth)
- chew your food properly
- wash fruit before eating it

There are certain things which are considered to be Makruh while eating. Some of these include:

- To eat without being hungry
- To eat to the maximum amount that you can handle (you should not over-eat)
- To eat food while it is still hot
- To blow on food/drink that you're eating/drinking
- To peel fruits that should normally be eaten with their skin

There are also some things to keep in mind when drinking water:

You should drink water...

- slowly
- in three sips
- when you feel thirsty
- with your right hand
- while standing up during the day and while sitting down at night